

“MIKIKIR” CARD FOR HYGIENE & SANITATION

Father's/Mother's Name: _____ Name of the Health Worker: _____

Village: _____ Dates of visits: _____

1. Assess with the householder what they are doing now for each of the key behaviors and mark a check in the corner of the current practice.
2. Based on the improved behavior discuss on the behavior next to the current practice. During your discussion, ask.....
 - What problem the family will face to change the current practice to the improved behavior?
 - Discuss if there is any one in the family who oppose to change the current behavior due to culture or other reason.
3. Circle one, two or three behavior/s that you agreed upon to practice.
4. Seal the agreement as a commitment and make an appointment to see the improved behavior.
5. Finally, hand this card to them to put it securely on a wall or store in the family health card.

“It is all our responsibility to end open defecation, unhygienic practices and the diseases they bring!”

A. Disposal of feces



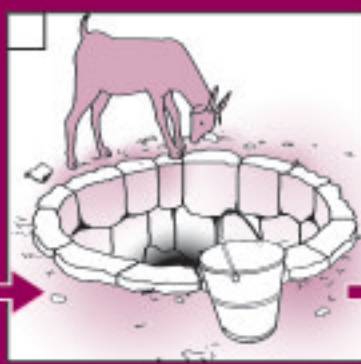
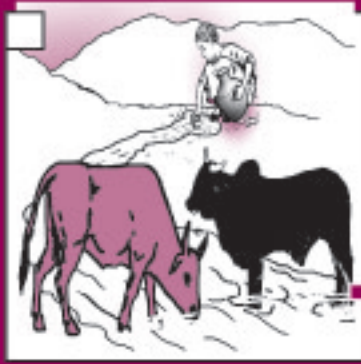
B. Safely disposing of baby's feces



C. Washing hands with soap/ash after defecation



D. Keeping water source clean



E. Safe water handling



F. Cleaning your house and compound



G. Face washing



Essential times for hand washing

